
FOUNDATION FOR COHESIVE COMMUNITIES

SERVING FAMILIES AND CHILDREN LIVING WITH DISABILITY



INDIVIDUAL SUPPORT TO FAMILIES



FAMILY SUPPORT

Family TIME OUT!

- 4th Saturday of every month
- Inspired, fun and relaxing self-care activities for parents
- Free qualified respite and sibling care



PARENT SUPPORT

Coffee Talk

- 3rd Tuesday of each month
- A casual connection for families of children with disability



SUPPORT FOR SIBLINGS

Youth Mentorship Program for Siblings

- 3rd Friday of each month
- Meet other brothers and sisters with similar circumstances



COMMUNITY CONNECTIONS



SUPPORTS

QUESTIONS?

