

# WestView Dementia Community Support Collaborative



Presentation to Parkland County

December 5, 2017

# WestView Dementia Community Support Collaborative

## Vision:

To create a community that is supportive and accepting, where people living with dementia feel safe and welcome, and have the opportunity for social engagement and an increased quality of life



# WestView Dementia Community Support Collaborative

This project is one of the first 2 projects  
in Alberta developing  
Dementia Friendly Communities



# WestView Dementia Community Support Collaborative

## Steering Committee Membership:

- ▶ WestView Health Centre
- ▶ AHS WestView Home Living
- ▶ WestView Primary Care Network
- ▶ Alzheimer's Society
- ▶ Public Representative

# WestView Dementia Community Support Collaborative

Project components:

- ▶ 1 year grant through the AHS Seniors Strategic Clinical Network
- ▶ 4 persons with early dementia and their families identified three focus areas:
  - Physical/Recreational activities
  - Respite
  - Transportation
- ▶ Community businesses, services, resources and agencies were contacted and provided information on the project and dementia



# Learnings to date, including impact on People Living with Dementia

- ▶ Our communities are very interested in helping
- ▶ Almost all the business/community members contacted knew someone with dementia
- ▶ Physical activity is important to the majority of individuals living with dementia
- ▶ There is a need for additional Adult Day Programs in the tri-community area



# Learnings to date, including impact on People Living with Dementia

- ▶ Respite is needed, if only for a few hours per week
- ▶ A resource that lists important contacts would be helpful
- ▶ Social outings could provide support for the care partner as well as the individual living with dementia



*There are resources available in the community already!*



# Success Stories

- ▶ Minds in Motion program at the Tri-Leisure Centre
- ▶ Visited 62 businesses
- ▶ Reached 368 individuals in addition to the business contacts
- ▶ Provided 6 presentations to churches & volunteer groups
- ▶ All 3 Libraries have established Dementia resources - Tote bags & display
- ▶ Town Hall meeting held - generated many ideas and identified resources to address 3 areas of focus
- ▶ Recruited caregiver to be part of steering committee
- ▶ Collaborated with MacEwan Nursing Students on 3 projects - development of project brochure & compilation of resources for intergenerational programming, and businesses



# Sustainability

- ▶ Leadership needed to build long term structure to coordinate resources
- ▶ Establishment of a Dementia Friendly Community Coordinating Committee whose purpose is to identify existing resources, link service providers and support the development of resources to address gaps
- ▶ Structured as a board that supports a project coordinator
- ▶ Funded position required



# Project Contacts:

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