



Alberta Parenting for the Future Association
Streams of Service



Alberta Parenting
for the
Future Association



Family
CONNECTION
CENTRE



Alberta Parenting
for the
Future Association
Service Domains

Social Connections and Support –

Supports and services that promote positive connections between infants, children, youth, parents, families and communities.

Caregiver Capacity Building –

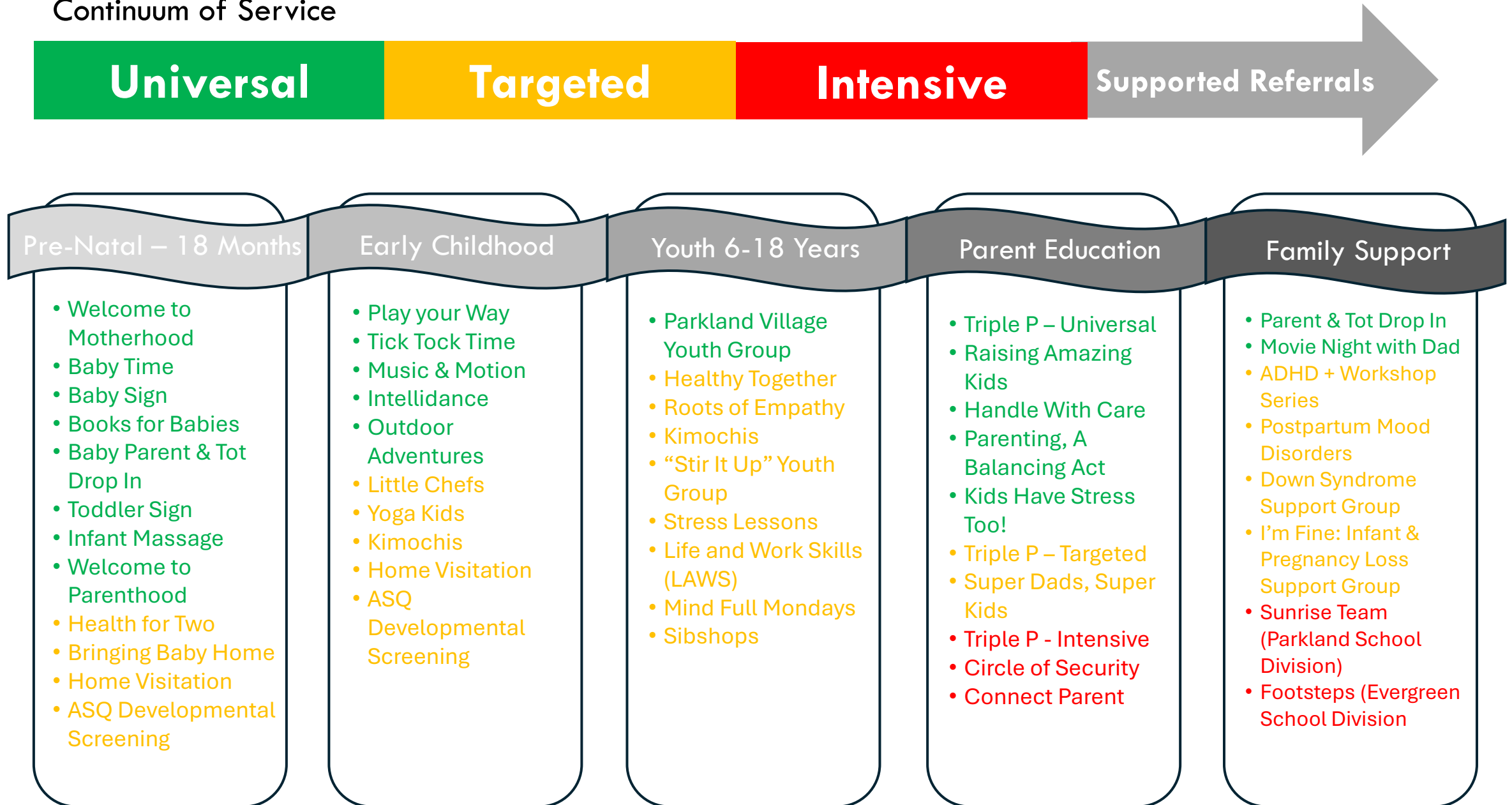
Supports and services aimed at developing and strengthening parenting skills and knowledge.

Child and Youth Development and Well-Being –

Supports and Services that assist the child to reach their developmental potential.



Continuum of Service



For Youth 7 - 13

- Parkland Village Youth Group
- Roots of Empathy
- Kimochis
- Stress Lessons
- Sibshops

• Healthy Together

For Youth 14 - 18

- Life and Work Skills (LAWS) students with cognitive and physical disabilities
- Mind Full Mondays
- Sibshops
- Job skill building workshops
- Stress Lessons

• Healthy Together
• “Stir It Up” Youth Group

For Parents of Youth

- Movie Night with Dad
- Super Dads Super Kids
- Triple P - Teen
- ADHD + Workshop Series
- Down Syndrome Support Group
- Sunrise Team (Parkland School Division)
- Footsteps (Evergreen School Division)
- Connect Parent

For Youth 18 - 30

Summer Employment:

All of our youth program staff receive:

- First Aid & CPR Training
- High Five Training
- Trauma-Informed De-escalation Strategies (TIDeS) – and Engaging with Challenging Behaviours
- Healthy Play presented by: Wordplay Consulting
- Brain Story Certification
- Living Wage

We offer two paid summer positions for students from the LAWS class

Two Director positions on our Board are dedicated for youth.

In 2024, we held 300 Early Childhood Development sessions for 2851 adults and 4039 children newborn to 5.

In 2024, we had 168 targeted program sessions for youth with 1337 youth participating.

In 2024, we held 130 Parent Education Program sessions with 734 parents attending.

In 2024, we held 371 Family Support sessions with 2418 parents attending.

In 2024, we served 63 Home Visitation Clients (mothers and infants).



We held 85 Family Support Sessions in Parkland County with 80% of families attending from the County.

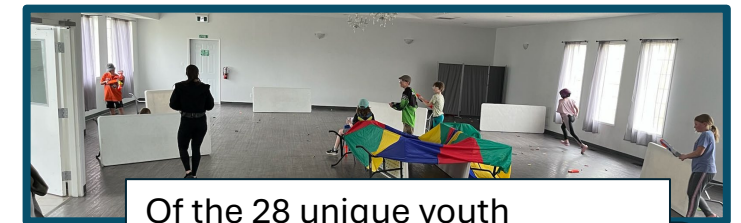


100% of our staff are from the Tri-Region, 25% live in Parkland County.

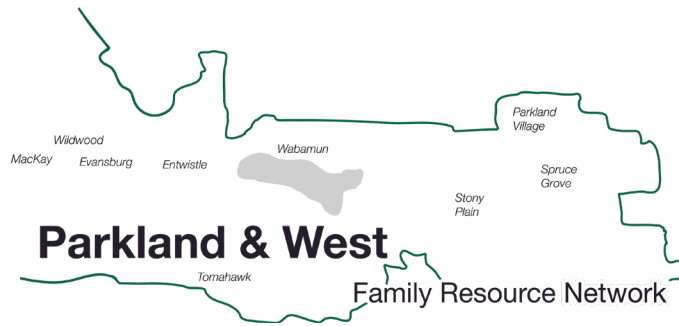
Of the 1310 unique families we served in 2024, 31% live in Parkland County.



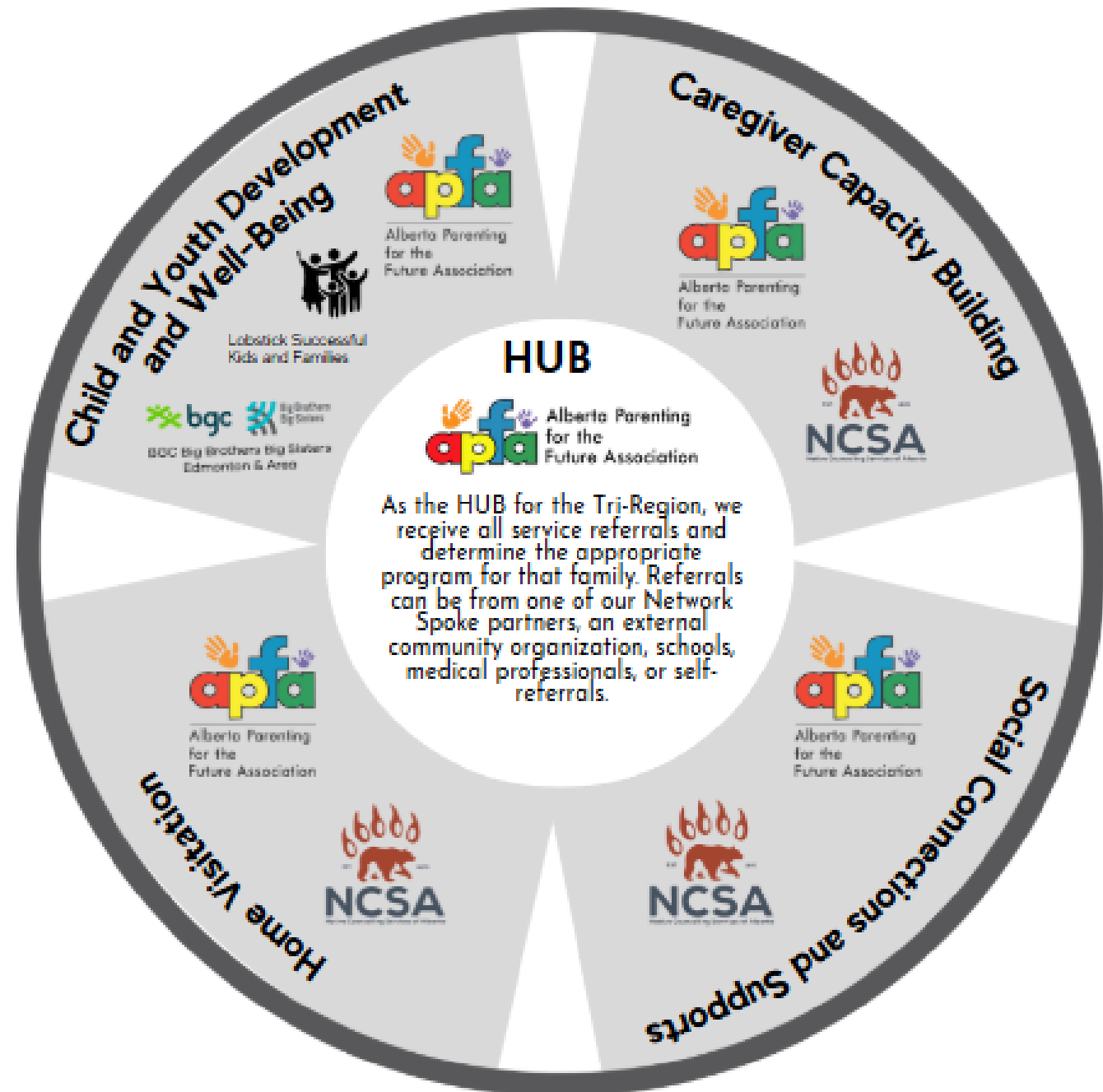
We held 16 summer “Play Mobs”, 2 in each division in the County.



Of the 28 unique youth attending in Parkland Village, 75% are from Parkland County.



Hub and Spoke Model





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for the
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Family CONNECTION CENTRE

A hub of non profit organizations connecting:

- ◆ Families to Families ◆ Families to Community Services ◆
Community Services to Community Services
- under one roof.



- Our doors are open and phone lines answered by staff Monday to Friday from 8:30 am to 4:30 pm to provide information and referral services



- In 2024 we had 9808 information and referral requests – from telephone, in-person, social media and through program delivery.

- We provide economical office and meeting space for organizations and services, sharing resources in order to be able to direct more funding to front line support.



- In 2024 we had 12 full-time tenants, 175 paid rentals (with 3681 people attending and 161 no-charge community partner uses (with 3308 people attending)).



- We provide Food Rescue (in partnership with the Parkland Food Bank). In addition, we provide frozen prepared meals as part of our Youth Program that supports connections to community by giving back.



- **In 2024 we distributed 8506 kg of food and 6855 prepared meals (to 481 families representing 2251 unique individuals)**

- We have a 25 raised bed community garden and offer paid skill-building employment for youth, from Spruce Grove Composite High School's LAWS Class, with neurodiverse or physical limitations.



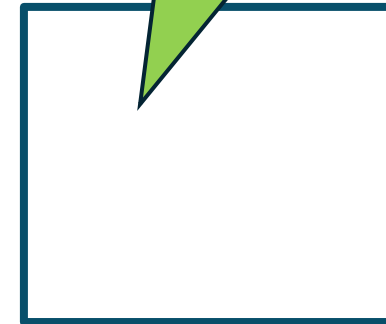
- **In 2024 the youth grew, harvested, cleaned, packaged and filled the community fridge with 816 kg of fresh produce.**

- We are the United Way's Coats for Kids and Families distribution location for the Tri-Region. In addition, we receive hundreds of toques and mittens knitted by local knitting groups and local dry cleaners provide free dry-cleaning services.



- **In 2024 we distributed 5682 coats (not including toques, mittens and snowpants).**

114 families (28%) who
 access Food Rescue
 are from:



Our Commitment to Truth and Reconciliation

- Our Centre is reflective of and welcoming to our First Nations, Métis and Inuit Neighbours
- Native Counselling Services of Alberta and the Lac Ste. Anne Métis Community Association have offices in the Centre
- We encourage smudging in all our spaces and have smudge kits and informational signage available
- Our community garden has a Tipi for Cultural Teachings

In 2022 we hosted our community's first National Day for Truth and Reconciliation celebration (due to capacity, we could not accommodate the event in subsequent years)

In 2023 and 2024 we hosted our community's Métis Day celebration and Winter Solstice Celebrations

In 2024 we hosted Skydancer's first Inuit Day celebration

In conjunction with multiple community partners, we host the annual Moosehide Campaign Talking Circle.

To celebrate our 10th anniversary as the Family Connection Centre, we will be holding a Naming Ceremony, to which you are all invited.



Key Take-Aways:

- ✓ Our programs are Evidence-Based using current scientific research.
- ✓ We are guided by the Alberta Resiliency and Well-Being Framework and utilize the outcomes from the Search Institute's Developmental Assets Framework.
- ✓ We have highly trained Program Facilitators who receive annual Professional Development and upgrading opportunities
- ✓ We are a certified Living Wage Employer (including our youth)
- ✓ All of our staff are Brain Story Certified and Trauma Informed
- ✓ We are fiscally responsible, guided by a Governance Board, audited annually and receive program oversight from our funders
- ✓ We are an Alberta Not-For-Profit Association and a Federally Registered Charity - in good standing with both.

We receive grant funding from the following:



Public Health
Agency of Canada

Canada



United Way
Alberta Capital Region



We receive in-kind support from the following:

