



Parkland County Bylaw 2020-11 Wellness Centre Amendments to the Land Use Bylaw:

Background Report

One Parkland: Powerfully Connected.

Planning & Development Services

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1. Introduction

This report summarizes the findings from background research and the analysis undertaken as part of the Land Use Bylaw amendment project related to the proposed “Wellness Centres” land use.

1.1 Project Rationale

Parkland County has recently seen an increased demand from residents and the business community to support holistic health and wellness opportunities, including but not limited to, group yoga practices, outdoor pool complexes, and meditation or spa retreats.

The County’s current Land Use Bylaw (2017-18) does not clearly define this type of land use or provide specific regulations for these types of activities. As such, they are now being captured under existing land use classes, which may not always take into consideration the unique features or needs of holistic health and wellness developments.

To address this gap, the County’s Municipal Development Plan (2017-14) was amended in 2019 to support recreation and tourism in more widespread areas of the County, including Country Residential areas.

In order to implement the above Municipal Development Plan policies, Administration is recommending that the Land Use Bylaw be amended to enable holistic health and wellness developments across a range of land use districts within Parkland County.

1.2 Project Benefits

Parkland County Administration is amending the Land Use Bylaw in an effort to support future development proposals that will further health and wellness development throughout the County. The proactive approach of this bylaw amendment will achieve the following:

1. **Demonstrate County support for new economic development opportunities**

The nature of the bylaw amendment demonstrates Parkland County’s proactive approach to preparing for future economic diversification opportunities. Parkland County Administration regularly reviews and monitors the Land Use Bylaw to ensure investment readiness and that the needs of the community are met. When a need or a gap is identified, relevant regulations are reviewed.

2. **Streamline the Development Permit Process**

Holistic health and wellness opportunities are currently captured under existing land use classes, many of which are approved on a discretionary basis. The establishment of a new land use class will bring with it a set of specific use regulations to accompany the new use. This project will allow Administration to approve Wellness Centre use on a permitted basis in a number of land use districts, where appropriate. The establishment of specific use regulations will streamline the Administration review process and lessen the timeline for a decision to be issued.

3. **Increase Applicant Certainty**

A clearly defined new use class, its associated specific use regulations and being able to approve of certain developments on a permitted basis, all lead to increased certainty for a potential applicant. Increased certainty on the likelihood of approval will lessen project risk on behalf of the application, making Parkland County an ideal location for new prospective businesses.

1.3 Project Deliverables

Council will be presented for their consideration with a draft amended Land Use Bylaw, which will comprise of the following:

1. A new land use class called “Wellness Centres”, including a definition;
2. Directions on whether the use is permitted or discretionary, and in which land use districts;
3. Specific regulations related to “Wellness Centres” that provide guidance on how to mitigate land use conflict and off-site impacts, where applicable; and,
4. Clarifications in the definitions of other similar use classes that they do not include “Wellness Centres” type activities or uses.

As background information, Council will also be provided with this Background Report and a What We Heard Report summarizing the outcomes of public engagement undertaken for this project.

2. Background Research

2.1 Policy Alignment

Long Term Strategic Plan: 2040 and Beyond: The amended Land Use Bylaw, if approved by Council, will align with three pillars identified in Council’s *Long Term Strategic Plan*: Complete Communities, supporting activities that will add to community amenities; Strategic Economic Diversification; supporting the local tourism sector and increased investment in Parkland County; and, Respected Environment, supporting a balance of land uses and strategic development while protecting the County’s environmental assets.

Municipal Development Plan Bylaw 2017-14: Parkland County is recognized as a regional destination for recreation and tourism. The *Municipal Development Plan Bylaw 2017-14* (MDP), as amended in 2019, further supports a range of recreation and tourism activities on a widespread basis throughout the County in both rural and residential areas. Additionally, the MDP encourages mix of complementary land uses in residential areas in an effort to provide access to community amenities.

See **Appendix 1** for detailed policy excerpts.

2.2 Review of Parkland County Land Use Bylaw

Land use classes in the current Land Use Bylaw (2017-18) were reviewed for gaps in its ability to regulate holistic health and wellness type uses.

See **Appendix 2** for a detailed chart showing all similar land use classes in the Land Use Bylaw that were reviewed, and the outcomes of the analysis.

The following general points were observed:

- There are several land use classes that can capture small-scale, home-based or otherwise specific health and wellness type activities (e.g. Home Based Business 3, Cottage Industry, Personal Health Services, etc.). However, they are not equipped to cover larger scale, fully serviced and outdoor oriented facilities or complexes.
- There are several land use classes that can capture public or religious holistic health and wellness type activities (e.g. Community Recreation Services, Religious Assembly, Semi-Public Use, etc.). However, they are too limited in their scopes to cover the broader nature of private health and wellness retreats.

- Uses such as Indoor Participant Recreation Services or Outdoor Participant Recreation Services have very broad definitions that do not specifically address low impact outdoor health and wellness centres that may be allowed in residential areas.
- Uses such as Accommodation and Convention Centres (i.e. hotels) and Tourist Campgrounds are intensive uses that do not address the low impact needs of outdoor health and wellness centres, as they do not require overnight accommodations.

Administration’s recommendation: Existing land use classes are able to capture small-scale wellness centres in limited scopes, or very broadly recreational type activities across the County. However, none of the existing uses address the unique nature or needs of holistic health and wellness centres.

Therefore, a new land use class is needed to specifically address medium- to large-scale wellness centres with unique features and needs, such as being low impact, fully serviced, outdoor oriented and / or incorporated into natural landscapes.

2.3 Best Practices Review

As part of Best Practices Review, nine (9) existing wellness centre type facilities or retreats across Alberta and other provinces were reviewed for how they are approved under their respective municipalities’ land use documents.

Existing wellness centres reviewed typically consisted of medium- to large-scale developments in naturalized settings with outdoor pools and spa facilities, with minor supporting uses such as saunas, fitness areas and eating establishments.

See **Appendix 3** for a detailed chart outlining land use regulations found for existing wellness centres in other municipalities.

The following general findings were made:

- Most existing wellness centres reviewed were typically approved under commercial, tourism or direct control land use districts, and none in residential type districts.
- Most existing wellness centres were approved as discretionary uses, with one being approved as permitted use under a commercial type land use district.
- There was generally no consistency or pattern in how these wellness centres were classed. The land use classes for these existing wellness centres varied from “Personal Service Establishments” to “Community Facility”, with many variations in-between.
- The definitions for the above land use classes also varied considerably. Some placed emphasis on health service provision such as care and cleaning of bodies, while others highlighted general recreational and resort natures of these uses.

Take-away from the findings: For the purpose of this project, it was found that there is little overall consistency in how municipalities managed wellness centre type facilities or retreats. Although this type of use was typically found in commercial or resort type land use districts, they varied greatly in their goals, land use classification and definitions to demonstrate a clear pattern that can be adapted for the County’s current needs.

Based on the above, it was determined that Parkland County may choose its own approach (a “Made in Parkland” approach) to managing wellness centre type uses – including where and how they are to be allowed, so long as it is reasonably supported by County plans, strategic goals and the County’s own community and unique environmental features.

3. Conclusion

In drafting the proposed Land Use Bylaw amendment, Administration recommends the following based on the findings of this background research:

1. Existing land use classes in the Land Use Bylaw are able to capture small-scale, limited scope wellness centres in rural areas. However, because none of the existing land uses address the unique nature or needs of holistic health and wellness centres, a new land use class is warranted.
2. Because there is little consistency in how other municipalities are treating larger scale wellness centres, it is recommended that Parkland County adopt a “Made in Parkland” approach to managing wellness centre type uses.
 - a. Considerations such as where and how they are to be allowed should be supported by County plans, strategic goals, community needs, and unique environmental features of the County.

Appendix 1 – Policy Excerpts from the Parkland County Policy Framework

This Land Use Bylaw amendment, if approved by Council, will align with the following County policies:

Parkland County Long-term Strategic Plan

PILLAR	COMPLETE COMMUNITIES <i>WE RECOGNIZE THE DIVERSITY OF PARKLAND'S COMMUNITIES, WHILE FOSTERING A UNITED AND SHARED VISION FOR PARKLAND AS A WHOLE.</i>
GUIDING PRINCIPLE	<ul style="list-style-type: none"> 1.2: We are a region of connected communities, through infrastructure, transit, recreation facilities, trails, and technology.
BROAD OBJECTIVE	<ul style="list-style-type: none"> (b) Providing access to programs and services, and supporting community and cultural development.
PILLAR	STRATEGIC ECONOMIC DIVERSIFICATION <i>WE SUPPORT THE CONTINUATION AND EVOLUTION OF TRADITIONAL ECONOMIC ACTIVITIES, WHILE PURSUING NEW OPPORTUNITIES FOR DIVERSIFIED AND SUSTAINABLE GROWTH.</i>
GUIDING PRINCIPLE	<ul style="list-style-type: none"> 2.2: We are a region that supports the local economy, including the agricultural, tourism, entrepreneurial, and industrial sectors.
BROAD OBJECTIVE	<ul style="list-style-type: none"> (a) Enhancing business support services to our local business community to foster innovation, promote entrepreneurship, and manage risk. (b) Continue to ensure Parkland is a major industrial and commercial region.
GUIDING PRINCIPLE	<ul style="list-style-type: none"> 2.3: We effectively pursue and manage new opportunities to stimulate economic growth, increase investment, and diversify our long-term economic bases.
BROAD OBJECTIVE	<ul style="list-style-type: none"> (f) Maintaining a business friendly environment, ensuring economic development opportunities, providing industry supports, and treating our stakeholders as partners.
PILLAR	RESPECTED ENVIRONMENT <i>WE RESPECT THE NATURAL ENVIRONMENT, RECOGNIZING PARKLAND'S BIODIVERSITY AND UNIQUE NATURAL BEAUTY, AND ENSURING OUR COMMITMENT TO SUSTAINABLE PRACTICES.</i>
GUIDING PRINCIPLE	<ul style="list-style-type: none"> 3.2: We responsibly manage growth to protect our region's biodiversity and the natural environment, while supporting a balance of land uses and strategic development.
BROAD OBJECTIVE	<ul style="list-style-type: none"> (a) Transparency and engagement with the community on land use plans

Municipal Development Plan

5.0	ECONOMIC COMPETITIVENESS AND EMPLOYMENT
5.0.1	Encouraging Economic Competitive and Employment Opportunities <ul style="list-style-type: none"> a. The county encourages economic and employment diversification through the County where businesses will be supported by adequate infrastructure and transportation networks.
7.0	RURAL COMMUNITIES AND HOUSING
7.1.3	Mixed Land Uses and Rural Complete Communities

	<ul style="list-style-type: none"> ▪ a. A mix of land uses may be supported in Country Residential and Lakefront Residential Areas to support the creation of rural complete communities. Where land uses other than residential are considered, all applicable MDP policies shall apply.
8.0	RECREATION AND TOURISM DEVELOPMENT
8.1.1	Supporting Recreation and Tourism Development
	<ul style="list-style-type: none"> ▪ a. The County encourages the enjoyment of its many environmental assets through resort, tourism and recreation development that is sensitive to its environmental context. ▪ b. Recreation and Tourism development should benefit residents of all ages and abilities and be located in close proximity to transportation networks.
8.1.10	Subdivision and Development Requirements for Tourism and Recreation Opportunities
	<ul style="list-style-type: none"> ▪ a. Recreation and Tourism developments must be sensitive to its environmental and agricultural context. ▪ b. Recreation and Tourism developments shall be located in the Rural Agriculture Area and Prime Recreation and Tourism Areas as identified in MDP Figure 7: Development Concept and MDP Figure 11: Prime Recreation and Tourism Areas. ▪ c. Notwithstanding the above, Recreation and Tourism developments may be considered in Country Residential and Lakefront Residential Areas as identified in MDP Figure 7: Development Concept where the following has been met: <ul style="list-style-type: none"> i. Proposed developments are compatible with existing and future land uses identified in MDP Figure 7: Development Concept, and does not limit the long-term residential development of the area; ii. Site servicing and required transportation networking can be adequately addressed to the satisfaction of Parkland County and relevant provincial approving authorities; iii. Proposed developments provide local and regional benefit as per MDP Policy 8.1.6; and , iv. All other applicable MDP policies and County, provincial and federal policies and regulations have been met. ▪ d. Land uses related to Recreation and Tourism developments, such as local service commercial, hospitality or institutional uses, may be considered provided they have appropriate transportation and utility infrastructure, integrate with surrounding land uses and appropriately mitigate any off-site impacts.

Appendix 2 – Analysis of Existing Land Use Bylaw 2017-18

Name of Existing Use	Definition	Analysis of Applicability to Wellness Centre Use
Accommodation and Convention Services	<i>...means development to serve the travelling public primarily used for the provision of rooms or suites for temporary sleeping accommodation such as hotels (rooms have access from a common interior corridor and are not equipped with individual kitchen facilities), motels (temporary lodging or kitchenette where each room or suite has its own exterior access), country inns (more rooms than bed and breakfast); or, development which provides permanent facilities for meetings, seminars, conventions, product and trade fairs and other exhibitions with or without eating and drinking facilities. This use class does not include Boarding Houses.</i>	<ul style="list-style-type: none"> • This is an intensive use that is not widespread throughout the County and does not have specific use regulations. • Could allow for wellness type workshops and seminars, but the range of scales of development has not been defined. • Not appropriate for a wellness type use that has no need for overnight accommodation and is strictly for recreational purposes.
Bed and Breakfast Home	<i>...means a development within and secondary to a single detached dwelling or modular home where temporary lodging or sleeping accommodation with no more than three (3) guest rooms is provided with a breakfast meal to the travelling public. This use does not include a boarding facility, hotel, motel or guest house.</i>	<ul style="list-style-type: none"> • Could accommodate small scale workshop settings (e.g. bed and breakfast that offers yoga lessons or guided meditation to guests) • Would not accommodate larger wellness centres
Community Recreation Services	<i>...means development for recreational, social, or multi-purpose use primarily intended for local community purposes. Typical facilities would include community halls and community centres operated by a local residents' organization.</i>	<ul style="list-style-type: none"> • As the definition is written, it leans more to a community hall. • Does not appear to target travelling public or public at large – more targeted towards serving the local community. • 'Typical facilities' steers this use more towards public, instead of privately run facilities. • While a wellness workshop could be held at a facility approved for this use, it is not appropriate for a NEW facility proposed solely for health and wellness purposes to be approved under this use.

Cottage Industry	<p><i>...means one or more low intensity activities of a gainful nature demanding a skilled trade or craft or related to an agricultural and/or horticultural operation on a parcel. Cottage Industry shall maintain and be compatible with, the rural residential and/or agricultural character of the surrounding landscape. Cottage Industry may be the principal use of the parcel or secondary to existing principal uses such as a residential dwelling. A Cottage Industry use shall not be located within a Multi-Parcel Residential Subdivision. Typical Cottage Industry requiring skilled trade may include workshops or storefronts selling custom made products or offering related services. Typical agricultural and horticultural related Cottage Industry may include growing, packing and sale of food products, small-scale wineries and breweries, and minor food establishments including cafes and diners.</i></p>	<ul style="list-style-type: none"> • This use focuses around agricultural tourism and small-scale craft or skilled products / services • This use broadly captures small rural businesses, and does not directly address larger scale health and wellness type centres
Home Based Business Level 2	<p><i>...means an occupation, trade, or craft for gain or support, and is secondary to the principal residential use. It may include some client visits and the parking of one commercial vehicle and may not include on-site employees except the resident and the resident's family who permanently reside in the dwelling. Typical secondary uses may include massage therapy, spa/esthetics services, dog grooming, landscaping/snow removal, dressmaking, hairdressing, home crafts and handicrafts, picture framing, delivery services, mobile food vendors or caterers, individual instruction to students, off-site mobile repairs and installation, janitorial services, mobile entertainment services and the carrying out of minor household appliance repair and automotive repair (does not include autobody repair).</i></p>	<ul style="list-style-type: none"> • This use would include typical small scale wellness activities (i.e. massage therapy, spa services) • Can likely include holistic health practitioners looking to operate a small business from their home in residential subdivisions • Would not allow outside employees, businesses would be smaller scale • No overnight accommodation • Resident-operator must permanently reside on property

<p>Home Based Business Level 3</p>	<p><i>...means trade or craft for gain or support and is secondary to the principal residential use. A Home Based Business Level 3 includes all home based businesses not considered Home Based Business Level 1 or Level 2. It must include the resident who permanently resides in the dwelling and may include up to four (4) employees who do not reside on the property. Typical secondary uses may include contractor services, parking of commercial vehicles in excess of Home Based Business Level 2, automotive and autobody repair and on-site fabrication. This use class does not include more intensive Industrial type of uses that present exterior impacts such as noise, smoke, steam, odour, dust, fumes, exhaust, vibration, heat, glare, refuse matter, and storage of hazard or combustible materials which should be located in an industrial district.</i></p>	<ul style="list-style-type: none"> • This use would include typical small scale wellness activities (i.e. massage therapy, spa services) • Can likely include holistic health practitioners looking to operate a small business from their home • Would allow outside employees, could run larger workshops • No overnight accommodation • Resident-operator must permanently reside on property
<p>Indoor Participant Recreation Services</p>	<p><i>...means development providing facilities within an enclosed building for sports and active recreation where patrons are predominantly participants and any spectators are incidental and attend on a non-recurring basis. Typical facilities would include athletic clubs; health and fitness clubs; curling, roller skating and hockey rinks; swimming pools; rifle and pistol ranges; bowling alleys and racquet clubs; indoor soccer fields.</i></p>	<ul style="list-style-type: none"> • Could accommodate larger wellness centres; however, hard to distinguish between major gym facilities and a lower impact wellness centre • Activities must be indoors • Not appropriate use class for smaller scale wellness activities • No specific use regulations currently exist for this use; no guidance on where it is appropriate
<p>Outdoor Participant Recreation Services</p>	<p><i>...means development providing facilities that are available to the public at large for sports and active recreation conducted outdoors. This use class does not include Outdoor Shooting Ranges. Typical facilities include golf courses, driving ranges, ski hills, ski jumps, sports fields, outdoor tennis courts, unenclosed ice surfaces or rinks, athletic fields, boating facilities, miniature golf establishments, Scout/Guide camps, religious outdoor retreat camps and parks, paint-ball parks, gymkhana/rodeos.</i></p>	<ul style="list-style-type: none"> • This use would be appropriate for outdoor pools • Wellness retreats could be covered under this use class • No specific use regulations currently exist for this use; no guidance on where it is appropriate. • Typically discretionary uses in residential or agricultural districts • No explicit or implied link to health and wellness type activities

Personal and Health Care Services	<i>...means development used for the provision of physical and mental health services on an out-patient basis, of a preventative, diagnostic treatment, therapeutic, rehabilitator or counseling nature. It may also mean development related to the care and appearance of the body. Typical uses or facilities would include medical and dental offices, health clinics, counselling services, fitness centres and clubs, chiropractor offices, barbershops, hairdressers and beautysalons.</i>	<ul style="list-style-type: none"> • Not explicitly stated, but could cover holistic medicine/therapies • Typically refers to small scale indoor type clinics / facilities • No specific use regulations • Scale of development varies from intensive development (permanent structure for dental office) to low intensity (massage therapy) • The definition appears to be more geared towards medical services / urban style development instead of low intensity development that incorporates natural surroundings
Semi-Public Use	<i>...means a development that is used by an association or organization for the meeting, social or recreational activities of its members, and which may or may not include the general public. Typical semi-public uses include but are not limited to lodges, clubs, and service clubs.</i>	<ul style="list-style-type: none"> • Cover such uses as Lions Club or Veterans Clubs • Not appropriate for the general public use
Religious Assembly	<i>...means development owned by a religious organization used for worship and related religious, philanthropic or social activities and includes accessory rectories, manses, meeting rooms, classrooms, dormitories and other buildings. Typical facilities would include churches, chapels, mosques, temples, synagogues, parish halls, convents and monasteries.</i>	<ul style="list-style-type: none"> • Retreats would have to relate to the religious organization • Wellness offerings would be secondary to the religious operation • Not appropriate for developments strictly for recreational purposes
Tourist Campground, Destination	<i>...means development of land which has been planned and improved for the seasonal use of holiday trailers, motor homes, tents, cottages, campers and similar Recreational Vehicles, and is not used as accommodation for residential use.</i>	<ul style="list-style-type: none"> • Intensive use that allows for overnight accommodation; not appropriate for all areas of the County • Wellness activities would be secondary to the campground • Does not explicitly accommodate for workshops / retreats / built amenities

Appendix 3 – Summary of Findings from Best Practices Research

Table 1: Existing Wellness Centres and Applicable Regulations – Other Municipalities

Name	Municipality	Activity	LUB Zoning (District)	Land Use Class	Definition
Lilly Lake Village Resort	Sturgeon County	Camping, accommodations, retreats, special events, horseback riding	REC – Recreation	Resort (discretionary use)	“Resort” means a commercial development which offers guest and staff accommodation as well as complementary recreational opportunities. The resort may include eating and drinking establishments, concessions and picnic areas.
Kananaskis Nordic Spa (originally approved as Executive Resort at Kananaskis)	Kananaskis Improvement District (unincorporated – under Municipal Affairs)	Pools, saunas, 3 bistros, massage services	Facility Zone	No uses are specifically listed but this zone supports future expansion of existing recreational and tourism developments.	N/A
Aspen Springs Rustic Barn Retreat and Event Centre	Lacombe County	Event and workshop venue, outdoor gathering space with walking trails	Agricultural	Community Facility (discretionary use)	“Community Facility” means a public or public/private development for a community use, providing artistic, social, cultural, religious or tourism facilities. Typical uses include, but are not limited to, nonprofit education centres, museums, churches, libraries, and public and private clubs.
Evolve Retreat Co O/A Azuridge Estate	Foothills County	Accommodations, cooking classes, motivational lectures, personal wellness training, hikes, water sports, yoga, spa services	Direct Control #31	Personal Service Establishment (discretionary use)	“Personal Services Establishment” means uses that provide personal services to an individual that are related to the care and appearance of the body or the cleaning and repair of personal effects. Typical uses include but are not limited to barber shops, beauty salons, hairdressers, manicurists, aestheticians, tailors, dress makers, shoe repair shops, dry cleaning establishments, and laundries but does not include health services.
Solara Resort & Spa	Town of Canmore	Accommodations, spa services, fitness, physiotherapy, movie theater, pools.	BVT-G (Bow Valley Trail General Commercial District)	Visitor Accommodation (permitted use)	“Visitor Accommodation (small scale)” means a development which contains a maximum of twelve visitor accommodation units without cooking facilities and one unit with private cooking facilities for the on-site

					management and operation of the development, and a common kitchen and a dining facility for the provision of meals to guests of the development.
Chimney Rock Ranch Retreat	Municipal District of Ranchland	Spa services, accommodations, conference room, saunas, hot tubs and guided activities	AWA (Agricultural / White Area)	Private Retreat Centres (discretionary use)	“Private retreat center” means a facility which provides opportunities for small groups of people to congregate temporarily on a site for such purposes as education, health and wellness, enlightenment, contemplation, renewal or solitude and, by its nature, needs to be located in a quiet, sparsely populated, natural environment.
True Balance Spa	Strathcona County (Sherwood Park)	Injectable procedures, facial and body services, feminine rejuvenation, spa, hormone therapy, health product sales.	C5 (Service Commercial)	Health Service, Minor (discretionary use)	“Health Service, Minor” means the provision of physical and mental health services on an outpatient basis. Services may be of a preventive, diagnostic, treatment, therapeutic, rehabilitative or counselling nature. This includes medical and dental offices, health clinics, acupuncture clinics, physiotherapy, massage therapy and counselling services.
Thermea Spa	Winnipeg, MB	Outdoor pools, saunas, massage rooms, restaurant and lounge areas, outdoor / indoor rest areas		Fitness or Wellness Centre, Indoor	“Fitness or Wellness Centre, Indoor” means a commercial establishment designed and equipped for assembly occupancy uses for the conduct of exercise and/or leisure-time activities within a fully enclosed building, uses of which include: gymnasiums and health clubs, wellness centres, weightlifting establishments, martial arts studios, fitness studios, yoga studios, dance studios, swimming pools, and related fitness and wellness activities.
Crystal Waters Wellness Retreat Centre	Mountain View County	Guest rooms, seminar / conference rooms, restaurant, rec / gym spaces, mineral pools, café, etc.	Direct Control Area 3	Use was grandfathered in; Not approved as any existing use under the current LUB	N/A

Table 2: Relevant Land Use Bylaw Provisions – Other Municipalities

Municipality	Land Use Class	Allowed Districts	Relevant Regulations
Wheatland County	Lodging Facility	Discretionary Use in: Rural Business District Hamlet Mixed Use District	“Lodging Facility” means a dwelling unit in which the occupant rents or leases a room or suite of rooms without cooking facilities on a short term basis to people (30 days or less), and which includes the provision of meals as part of or in addition to the rental paid for the room. Lodging facilities access existing on-site communal uses such as entertainment, amenities and a centralized location for guest services. This class of use does not include a hotel, motel or bed and breakfast. Typical uses include fishing / hunting lodges, religious retreats, riding ranches and cabin facilities.
Municipal District of Bighorn	Health and Wellness Centres	Permitted Use in: Rafters Six Tourist and Recreation District Discretionary Use in: Rural Recreation District	“Health and wellness centres” means a recreational development to provide for physical and mental recreation and therapy for patrons through means of health and spa facilities that may include, and not be limited to, visitor or resort accommodation, outdoor and indoor swimming and hot pools, massage, beauty and spa parlors, diet clinics, rejuvenation facilities and fitness centres. This definition does not include hospitals or other medical clinics.
Town of Canmore	Health, Wellness and Spa Facilities	Permitted Use in: TS-RC Three Sisters Resort Core District Silvertip Village Core DC District	“Health, wellness and spa facilities” means a facility or facilities that provides personal or medical services such as treatments, therapies, massage treatments, alternative treatments, research, product development or sales, education, fitness centres or classes, assessments or other activities associated with health, wellness or spa services.
Cariboo Regional District, B.C.	Health Spa	Permitted Use in: Tourist Commercial (C2) Zone	"Health Spa" means a recreational tourist establishment, operating as a resort, and which provides accommodation, social / recreational activities and facilities, and includes facilities and services related to health, fitness and relaxation.
Comox Valley Regional District, B.C.	Health Club / Spa	Principal Use in: Golf Course – Residential Accessory Use in: Mixed Use – Commercial / Residential	“Health club/spa” means an establishment containing exercise equipment and facilities for general health, fitness, relaxation and personal treatments, and may contain pool facilities.